

## Clinical Neurosciences Center - Spring 2024

<b>DAY</b>	<b>DATE</b>	<b>Facilitator</b>	<b>Time</b>	<b>Modality</b>
Tuesday	23-Jan	Sara	10:15 - 11:45 am	Music (Alto Flute)
Thursday	25-Jan	Lauren	10:00 - 11:30 am	Mindfulness & Music
Tuesday	30-Jan	Dan	10:30 am - 12:00 pm	Music (Guitar/Harp)
Thursday	1-Feb	Lauren	10:00 - 11:30 am	Mindfulness & Music
Friday	9-Feb	Lila	1 - 4 pm	Massage for Staff
Tuesday	13-Feb	Sara	10:15 - 11:45 am	Music (Alto Flute)
Thursday	15-Feb	Lauren	10:00 - 11:30 am	Mindfulness & Music
Tuesday	20-Feb	Sara	10:15 - 11:45 am	Music (Alto Flute)
Thursday	22-Feb	Lauren	10:00 - 11:30 am	Mindfulness & Music
Tuesday	27-Feb	Dan	10:30 am - 12:00 pm	Music (Guitar/Harp)
Thursday	29-Feb	Lauren	10:00 - 11:30 am	Mindfulness & Music
Tuesday	5-Mar	Sara	10:15 - 11:45 am	Music (Alto Flute)
Thursday	7-Mar	Dan	10:30 am - 12:00 pm	Music (Guitar/Harp)
<b>SPRING BREAK - NO SERVICES</b>				
Tuesday	19-Mar	Sara	10:15 - 11:45 am	Music (Alto Flute)
Thursday	21-Mar	Lauren	10:00 - 11:30 am	Mindfulness & Music
Friday	22-Mar	Lila	1 - 4 pm	Massage for Staff
Tuesday	26-Mar	Dan	10:30 am - 12:00 pm	Music (Guitar/Harp)
Thursday	28-Mar	Lauren	10:00 - 11:30 am	Mindfulness & Music
Tuesday	2-Apr	Sara	10:15 - 11:45 am	Music (Alto Flute)
Thursday	4-Apr	Lauren	10:00 - 11:30 am	Mindfulness & Music
Tuesday	9-Apr	Sara	10:15 - 11:45 am	Music (Alto Flute)
Thursday	11-Apr	Lauren	10:00 - 11:30 am	Mindfulness & Music
Friday	26-Apr	Lila	1 - 4 pm	Massage for Staff
Tuesday	30-Apr	Dan	10:30 am - 12:00 pm	Music (Guitar/Harp)
Thursday	2-May	Lauren	10:00 - 11:30 am	Mindfulness & Music